



THE RESERVE AT BRAESWOOD

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The Reserve at Braeswood Team

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Patricia S. Miller

Pat is a native Houstonian and grew up in the West University area. She attended St. Thomas University and University of Houston, graduating as medical technologist. In 1968, Pat and Jean [husband] were married at St. Anne's Catholic Church and lived in the Sharpstown neighborhood with their two daughters. In 1990 Pat and Jean moved to New Jersey where Pat worked as a Librarian. Upon their return to Houston, they lived in Braes Heights and Pat managed the household and took care of her sister until her sister's death in 2019. Pat was dedicated to her family and provided support without question.

Celebrating Black History Month

Each February, America observes Black History Month. This tribute to African Americans who have made an impact on the U.S. and the world was born from one man's call to action.

Historian and author Carter G. Woodson wanted the contributions of heroic Black men and women who helped shape the nation and its culture to be recognized and celebrated. In 1926, he created a weeklong event to promote Black history, and chose the second week in February because it included the birthdays of abolitionist Frederick Douglass and President Abraham Lincoln.

Fifty years later, after decades of support, the event expanded to Black History Month, a national observance, as part of the country's bicentennial. When President Gerald Ford signed the proclamation, he urged everyone to join in the "tribute to Black History Month and the message of courage and perseverance it brings to all of us."

For his efforts, Woodson has been called the father of Black history.



Upcoming Community Events



Super Bowl Sunday - 2/11
Fat Tuesday - 2/13
Mardi Gras - 2/13
Ash Wednesday - 2/14
Valentine's Day - 2/14



Big Easy Eats

Food is part of the fun of Mardi Gras celebrations. Let the good times roll with this menu of classic New Orleans cuisine:

Gumbo. The official state dish of Louisiana, gumbo is a thick stew or soup that is served over rice. There are countless variations, but seafood gumbo and chicken and sausage gumbo are the most popular.

Jambalaya. This hearty rice dish includes a mix of meat, seafood and vegetables. Creole versions include tomatoes while Cajun versions do not.

Etouffee. Pronounced "ay-too-fay," it's a seafood stew that most often features crawfish, shrimp or crab, and is served atop rice.

Po'boy. Whether it's stuffed with fried shrimp, fried oysters or roast beef, the French bread is said to be the key to this iconic New Orleans sandwich. Locals order their po'boys "dressed," which means lettuce, tomatoes, mayonnaise and pickles are added.

Muffuletta. Invented by a city grocer in 1906, this sandwich layers Italian ham and salami, cheese, and a tangy chopped olive salad inside a sesame seed bun.

Beignets. The city's French Quarter is famous for eateries that serve these deep-fried pastries that are covered with powdered sugar. They are traditionally paired with a cup of chicory coffee or a café au lait.



Resident Spotlight



Tanisha Barnes - 2/10



Groundhog Stars

Every year, in the early hours of Feb. 2, Punxsutawney Phil is pulled from his temporary tree trunk den at Gobbler's Knob in western Pennsylvania. There, thousands gather and many more watch on TV to see if Phil sees his shadow. If he does, it's a sign of six more weeks of winter. If he doesn't, spring is just around the corner.

But there are other weather-forecasting groundhogs who take the spotlight on Groundhog Day. Phil has a rival across the way in eastern Pennsylvania: Grover the Groundhog. Head to the Midwest and Buckeye Chuck carries on the tradition in the Buckeye State of Ohio.

In New York City, Charles G. Hogg, also known as Staten Island Chuck, makes his prediction from his log cabin home at the Staten Island Zoo. For over 50 years, western New York has looked to Dunkirk Dave for a seasonal projection.

Down South, folks in Raleigh, N.C., check in with Sir Walter Wally outside the city's science museum. And there's the Cajun groundhog, a nutria rodent named Pierre C. Shadeaux, who forecasts how long spring will last before the summer heat hits Louisiana.



Resident Birthdays

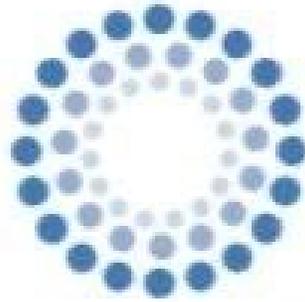


Beverly Baker - 2/5
Anna Voss - 2/14

Memorable Melody: 'Roses Are Red (My Love)'

One of 1962's most popular songs, this ballad about young romance was the first No. 1 hit for Bobby Vinton as a solo crooner. He quickly became a teen idol after fans fell in love with the soft, dreamy tune about high school sweethearts and the words of a sentimental poem signed in a yearbook. The record went on to top the music charts across the globe, including Canada, Australia, Norway and South Africa.





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