

# THE Reserve at Braeswood

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**BRAESWOOD**  
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# Lifestyle

ASSISTED LIVING COMMUNITY  
7800 N Stadium Drive · Houston, TX 77030

## OCTOBER 2024



**Mr. and Mrs. Hamilton celebrated their 58th wedding anniversary with a delicious lunch and nice music. Happy Anniversary!!**



**Celia, Anna, Bob and Dorothy ready to enjoy lunch at Goode & Co. Seafood. Yummy!!**



**OCTOBER 2024**

**A Piece of Fall**

Puzzles with missing pieces don't need to be discarded—turn them into fun fall art!

**Materials:**

- Assorted jigsaw puzzle pieces
- Foam paintbrush (if needed)
- Acrylic paints in fall leaf colors (if needed)
- Sheet of card stock, any color

- Brown marker or pen
- Craft glue

**Directions:**

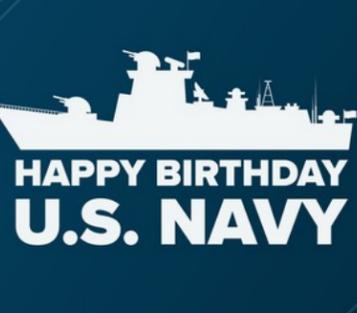
Select puzzle pieces that have fall leaf colors (red, orange, yellow and brown). You can also paint some or all of the pieces, if needed; let paint dry before continuing.

Use a brown marker or pen to draw a tree trunk with bare limbs on a sheet of card stock.

Next, arrange the puzzle pieces on the branches so they resemble leaves, and add a few fallen "leaves" near the base of the trunk. When you're happy with the design, secure the pieces to the paper with craft glue.

What other kinds of artwork can you create with puzzle pieces?

**"Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!" —Humbert Wolfe**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Morning Inspirations 10:30 Exercise w/ Select Rehab 11:00 Name The State 2:00 Afternoon Warm-Up w/ Music 2:30 Kickball Game 3:00 Balloon Toss 4:00 Walking Group 6:00 Evening Movie - LR	2 10:00 Morning Devotions 10:30 Sittercise w/ Music 11:00 Breakfast Bingo w/ Pancakes on a Stick 2:00 Afternoon Meditation 2:30 Catholic Inspiration - Chosen The Series 3:00 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Wheel Of Fortune	3 10:00 Morning Inspirations 10:30 Sittercise w/ Music 11:00 Word Scramble 2:00 Afternoon Inspirations <b>2:30 Craft Class w/ Tracey -Silhouette Painting</b> 3:00 Let's Talk 3:30 Karaoke Music 4:00 Walking Group 6:00 Classic Movie - LR	4 10:00 Morning Devotions 10:30 Tai Chi Exercise 11:00 Let's Talk w/ Tracey 2:00 Movie Topics 2:30 Movie & Popcorn (Residents' Choice) 4:00 Walking Group 6:00 Evening Musical Movie - LR	5 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Parachute w/ Ball 2:00 Afternoon Inspirations 2:30 Color Art w/ Karla 3:00 Bingo Game 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie - LR
6 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Lakewood Church - Virtual 2:00 Worship Hymns 2:30 Bible Study 3:00 Beach Ball Trivia 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie - LR	7 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Words That Starts with 'O' 2:00 Afternoon Meditation 2:30 Parachute w/ Ball 3:00 Word Search 3:30 Karaoke Singing 4:00 Walking Group 6:00 Wheel Of Fortune - LR	8 <b>Resident Outing</b> 10:00 Morning Inspirations 10:30 Exercise w/ Select Rehab <b>11:00 Taste of Italy (Olive Garden)</b> 2:00 Afternoon Warm-Up w/ Music 2:30 History of Italy w/ Tracey <b>3:00 Arm Travel / Italy</b> 4:00 Walking Group 6:00 Evening Movie - LR	9 10:00 Morning Devotions 10:30 Sittercise w/ Music 11:00 Breakfast Bingo w/ Fruit & Yogurt 2:00 Afternoon Meditation 2:30 Catholic Inspiration - Chosen The Series 3:00 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Wheel Of Fortune	10 10:00 Morning Inspirations 10:30 Sittercise w/ Music 11:00 It Comes In 2s 2:00 Afternoon Inspirations <b>2:30 Craft Committee / Dried Bean Mosaic</b> 3:30 Sing Along 4:00 Walking Group 6:00 Classic Movie - LR	11 10:00 Morning Devotions 10:30 Tai Chi Exercise 11:00 Reminiscing w/ Karla 2:00 Movie Topics 2:30 Movie & Popcorn (Residents' Choice) 4:00 Walking Group 6:00 Evening Musical Movie - LR	12 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Word Solving w/ Tracey 2:00 Afternoon Inspirations 2:30 Balloon Tennis 3:00 Bingo Game 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie - LR
<b>Navy's Birthday</b> 13 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Lakewood Church - Virtual 2:00 Worship Hymns 2:30 Bible Study <b>3:00 Lakewood Ministries Visits</b> 4:00 Walking Group 6:00 Evening Movie - LR	<b>Columbus Day</b> 14 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music <b>11:00 History of Columbus Day w/ Tracey</b> 2:00 Afternoon Meditation <b>2:30 Red Hats' Society Club / Tea Party</b> 3:00 Word Categories 3:30 Sing Along 4:00 Walking Group 6:00 Wheel Of Fortune - LR	15 10:00 Morning Inspirations 10:30 Exercise w/ Select Rehab 11:00 Word Categories 2:00 Afternoon Warm-Up w/ Music 2:30 Craft Committee / Preparing Materials <b>3:00 Craft Committee / Making Pizza Pan Wreaths</b> 3:30 Sing Along 4:00 Walking Group 6:00 Evening Movie - LR	16 10:00 Morning Devotions 10:30 Sittercise w/ Music 11:00 Breakfast Bingo w/ Avocado Toast 2:00 Afternoon Meditation 2:30 Catholic Inspiration - Chosen The Series 3:00 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Wheel Of Fortune	17 10:00 Morning Inspirations 10:30 Sittercise w/ Music 11:00 Name The State 2:00 Afternoon Inspirations 2:30 Cooking Committee / Preparing Ingredients <b>3:00 Cooking Committee / Making Cheese Spaghetti</b> 3:30 Karaoke Singing 4:00 Walking Group 6:00 Classic Movie - LR	18 10:00 Morning Devotions 10:30 Tai Chi Exercise 2:00 Movie Topics 2:30 Movie & Popcorn (Residents' Choice) 4:00 Walking Group 6:00 Evening Musical Movie - LR	19 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Balloon Tennis 2:00 Afternoon Inspirations 2:30 Art Class w/ Tracey 3:00 Bingo Game 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie - LR
20 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Lakewood Church - Virtual 2:00 Worship Hymns 2:30 Bible Study 3:00 Hat Chat 3:30 Sing Along w/ Keely 4:00 Walking Group 6:00 Evening Movie - LR	21 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Word Search 2:00 Afternoon Meditation 2:30 Shew Fly Shew Game 3:00 Reminiscing w/ Karla 3:30 Sing Along 4:00 Walking Group 6:00 Wheel Of Fortune - LR	22 10:00 Morning Inspirations 10:30 Exercise w/ Select Rehab 11:00 Event Committee / Decorating 2:00 Afternoon Warm-Up w/ Music 2:30 Cooking Committee / Preparing Ingredients and Recipe <b>3:00 Cooking Committee / Making Paleo Avocado Egg Salad</b> 4:00 Walking Group 6:00 Evening Movie - LR	23 10:00 Morning Devotions 10:30 Sittercise w/ Music 11:00 Breakfast Bingo w/ French Toast 2:00 Afternoon Meditation 2:30 Catholic Inspiration - Chosen The Series 3:00 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Wheel Of Fortune	24 10:00 Morning Inspirations 10:30 Sittercise w/ Music 11:00 Guess The Sound 2:00 Afternoon Inspirations <b>2:30 Cooking Committee / Preparing Spices</b> <b>3:00 Cooking Committee / Making Spice Jars</b> 4:00 Walking Group 6:00 Classic Movie - LR	25 10:00 Morning Devotions 10:30 Tai Chi Exercise 2:00 Movie Topics 2:30 Movie & Popcorn (Residents' Choice) 4:00 Walking Group 6:00 Evening Musical Movie - LR	26 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Beach Ball Trivia 2:00 Afternoon Inspirations 2:30 Word Search 3:00 Bingo Game 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie - LR
27 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Lakewood Church - Virtual 2:00 Worship Hymns 2:30 Bible Study 3:00 Spectacular Game 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie - LR	28 10:00 Morning Inspirations 10:30 Chair Exercise w/ Music 11:00 Guess Who ??? 2:00 Afternoon Meditation 2:30 Pet Therapy 3:00 Finish The Phrase!!! 3:30 Karaoke Singing 4:00 Walking Group 6:00 Wheel Of Fortune - LR	29 10:00 Morning Inspirations 10:30 Exercise w/ Select Rehab 11:00 Guess Who ??? 2:00 Afternoon Warm-Up w/ Music <b>2:30 Craft Committee / Making Halloween Candy Bags</b> <b>3:00 Karla / Mixology Class / Making Purple People Eater Drinks</b> 3:30 Let's Talk w/ Karla 4:00 Walking Group 6:00 Evening Movie - LR	30 10:00 Morning Devotions 10:30 Sittercise w/ Music 11:00 Breakfast Bingo w/ Bagels 2:00 Afternoon Meditation 2:30 Catholic Inspiration - Chosen The Series 3:00 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Wheel Of Fortune	31 <b>Halloween</b> 10:00 Morning Inspirations 10:30 Sittercise w/ Music 11:00 Event Committee/ Decorating for Party 2:00 Afternoon Inspirations <b>2:00 Halloween Party</b> <b>2:30 Halloween - Costume Contest</b> <b>3:00 Music by Bill Parish</b> 3:30 Costume Contest 4:00 Walking Group 6:00 Classic Movie - LR		



**Happy Grandparents Day! A huge thank-you to the volunteers from Good Hope Baptist Church. Your visit made the day extra special.**



**Mr. Bob enjoying a taco salad on our outing to Los Tios Restaurant!**

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**Ruth Hamilton - 10/27**



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**Thank You!**